

	STUDENT NAME:		Week 1				
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Be sure to schedule the following:
7:00		AM Hygiene & Room Org	AM Hygiene & Room Org	AM Hygiene & Room Org	AM Hygiene & Room Org	7:00	
8:00		Breakfast & Meds	Breakfast & Meds	Breakfast & Meds	Breakfast & Meds	8:00	
8:30						8:30	
9:00		Life Skills Group/Activity	Trip Preparation	Structured Social Time/Assessments	Fitness Activity	9:00	
9:30		9:30					
10:00	Arrival/Check-in Pop-in activities	Joy of Movement with Linalynn & Connect Members	Essex Steam Train & Riverboat	Community Training (take bus to Old Saybrook)	Community Training (take bus to Madison)	10:00	
10:30						10:30	
11:00						11:00	
11:30	Lunch Prep, Lunch & Chores (cooking assessment)	Lunch out in Madison		Lunch (Pizza Works in Old Saybrook)	11:30		
12:00	Lunch & Chores			12:00			
12:30		Art Class at Vista Madison		Community Training (take bus to Clinton)	12:30		
1:00	Unpack			1:00			
1:30	Campus Orientation & Expectations	Personal Safety Activity		Yoga at Body Karma in Clinton	1:30		
2:00				2:00			
2:30		Structured Social Time/Assessments		Take Vista transportation back to Oxford	2:30		
3:00	Community Orientation (walk)		3:00				
3:30		Structured Social Time/Assessments	Social Skills Group	3:30			
4:00	Relaxation Group at Vista Westbrook		4:00				
4:30		Fitness Activity	Room Org	4:30			
5:00	Dinner & Ice Breaker Games		Vista Sports/ Dinner Prep	Vista Sports/ Dinner Prep	5:00		
5:30		Dinner & Chores (cooking assessment)	Concert on the Westbrook Green	5:30			
6:00				6:00			
6:30	Structured Social Time	Dinner & Chores	Structured Social Time	Dinner & Chores	6:30		
7:00		Structured Social Time	Structured Social Time	Structured Social Time	7:00		
7:30					7:30		
8:00	Evening Group (on going art activity)	Evening Group (on going art activity)	Evening Group (on going art activity)	Evening Group (on going art activity)	Evening Group (on going art activity)	8:00	
8:30						8:30	

STUDENT NAME:		Community Orientation Info		Supply List			
Time	Saturday	Sunday			vitamins <input type="checkbox"/>		
8:30	AM Hygiene & Room Org	AM Hygiene & Room Org	Bus Pass?		cold medicine <input type="checkbox"/>		
9:00	Breakfast & Meds	Breakfast out (Cohen's Bagels in Madison)	Supply Money?		shampoo <input type="checkbox"/>		
9:30	Science Center in Hartford	Beach Outing!	Notes?		conditioner <input type="checkbox"/>		
10:00			Healthy Eating at Breakfast		razors <input type="checkbox"/>		
10:30		Monday		Tuesday	shaving cream <input type="checkbox"/>		
11:00		2 Dairy <input type="checkbox"/>		2 Dairy <input type="checkbox"/>	deodorant <input type="checkbox"/>		
11:30		2 Grain <input type="checkbox"/>		2 Grain <input type="checkbox"/>	hand soap <input type="checkbox"/>		
12:00		1 Fruit/1 Veggie <input type="checkbox"/>		1 Fruit/1 Veggie <input type="checkbox"/>	body soap <input type="checkbox"/>		
12:30		Lunch & Chores		Wednesday		laundry detergent <input type="checkbox"/>	
1:00		WB Movie Theater		Thursday		batteries <input type="checkbox"/>	
1:30		1 Protein <input type="checkbox"/>		1 Protein <input type="checkbox"/>		band-aids <input type="checkbox"/>	
2:00		2 Dairy <input type="checkbox"/>		2 Dairy <input type="checkbox"/>		first aid products <input type="checkbox"/>	
2:30	2 Grain <input type="checkbox"/>		2 Grain <input type="checkbox"/>		sanitary products <input type="checkbox"/>		
3:00	1 Fruit/1 Veggie <input type="checkbox"/>		1 Fruit/1 Veggie <input type="checkbox"/>		others: <input type="checkbox"/>		
3:30	2 Dairy <input type="checkbox"/>		2 Dairy <input type="checkbox"/>		Daily Chores		
4:00	Structured Social Time	Structured Social Time	2 Grain <input type="checkbox"/>		Monday <input type="checkbox"/>	Friday <input type="checkbox"/>	
4:30	Structured Social Time	Structured Social Time	1 Fruit/1 Veggie <input type="checkbox"/>		Tuesday <input type="checkbox"/>	Saturday <input type="checkbox"/>	
5:00	Cook Out at Oxford	Dinner Prep, Dinner & Chores	Friday		Wednesday <input type="checkbox"/>	Sunday <input type="checkbox"/>	
5:30			1 Protein <input type="checkbox"/>		2 Grain <input type="checkbox"/>	Thursday <input type="checkbox"/>	
6:00			2 Dairy <input type="checkbox"/>		1 Fruit/1 Veggie <input type="checkbox"/>		
6:30			To Do List				
7:00	Movie Night @ Oxford	Strucutred Social Time	1	3	5	7	
7:30							
8:00							
8:30			2	4	6	8	
9:00							
9:30							

